

2017 OREGON MOO DUK KWAN BOARD BREAKING TOURNAMENT

JANUARY 21

@ OMDK - 10:00am



INDIVIDUAL COMPETITION FEE \$25 (three boards)

FAMILY COMPETITION FEE \$50

DUE BY SATURDAY JANUARY 7

For late registration please add \$10



SPECIAL DIVISIONS
FOR 4-5 YEARS OLD,
6 YEARS OLD

NAME _____ RANK _____ AGE _____

ALL COMPETITORS WILL RECEIVE THREE BOARDS.

PLEASE LIST YOUR TECHNIQUES BELOW

(if undecided OMDK instructors will help select techniques before the event)

1. _____
2. _____
3. _____

Each participant will be scored on the following criteria:

1. Moo Do Shim Gong: intensity, focus, Kihap (yell) and Shi sun (eye focus).
2. Moo Do Jaseh: Discipline & respect in the process, stances and completion of technique.
3. Difficulty of the technique and break.

Medals will be awarded for 1st, 2nd & 3rd place in each division.

Additional awards will be presented for Moo Do Jaseh and Moo Do Shim Gong.

Tentative Divisions: divisions may be adjusted based on registration

1. 4-5 year old White belt
2. 6 year old White & Orange belts
3. 7 year old White & Orange belts
4. 8-9 year old White & Orange belts
5. 7-9 year old Green belts
6. 7-9 year old Red belts
7. 10-12 Gup
8. 10-12 Dan
9. Adult & Teen Gup
10. Adult & Teen Dan

Please submit registration form and fee together.

A registration form must be submitted for each participant.